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NEWSLETTER

Twins Game Stand



Headwaters Relief Organization has been given a unique opportunity to fundraise by volunteering at multiple Twin's home games this season by staffing stadium food stands. We have already done so successfully three times and will do so seven more times over the course of the summer.

This has already proven to be a wonderful team building experience along with the support to our local team.

If you are interested in volunteering, the following dates and games are coming up and you'd be very welcome to join us!

Sunday, 7/23, 1:10 PM game

Wednesday, 07/26, 1:10 PM game

Wednesday, 8/16, 7:10 PM game

Wednesday, 8/30, 12:10 PM game

Tuesday, 9/12, 6:40 PM game

Wednesday, 9/13, 12:10 PM game

Wednesday, 09/27, 1:10 PM game

Please let us know if you are interested in joining us in any of these dates.



Monthly Volunteer Events

Headwaters Relief Organization has been holding monthly volunteer events sponsored by North American Banking Company. Each month a different packing event is held at our offices to support our work locally, nationally, and internationally. We welcome all community members to participate and help us prepare in the wake of disasters. Some of our past packing activities have included packing children's activities for working with Ukrainian and Russian refugees in February. In March, we packaged hygiene kits to bring to Turkey after the earthquake devastated areas in Turkey and Syria. April, we packaged treats for troops that are friends and family of employees. In May packed children's activities to work with children affected by the earthquakes in Turkey. In June we prepared disaster clean-up buckets to give to homeowners after The scheduled packing events for 2023 are:

August 16th, 1:00 - 2:30 pm

September 13th, 10:00 - 11:30 am

October 18th, 1:00 - 2:30 pm

November 15th, 10:00 - 11:30 am

December 13th, 1:00 - 2:30 pm



NORTH AMERICAN
BANKING COMPANY

5th Annual Golf Tournament



Headwaters Relief Organization has opened the registration for the 5th Annual Headwaters Golf Tournament! We look forward to having teams and individual's sign-up to make this event our best tournament yet.

We are looking forward to getting together for a fun outdoor event. We have games and giveaways at a few of the holes, including free snow cones and brats on the grill. Your registration includes dinner. All proceeds will go to support Headwaters' disaster relief projects.

We are looking for donations for our raffle and silent auction at this event. If you have items to donate to help us raise more support for disaster relief, please let us know by emailing us at info@headwatersrelief.org

Whether you're an avid golfer or an occasional golfer, we invite you to spend the day with friends while raising support for a good cause! We would love to have you join us!



Register

Work in Turkey

Headwaters Relief Organization volunteers recently returned from their work in the earthquake damaged regions of Turkey. The official numbers indicate the loss of lives of over 60,000 people with over three million displaced. The loss has been unbearable with many survivors searching for days for family members, relatives, and friends, but many of whom have not been found. Cities including Antakya and Gaziantep, near the Syrian border, struggle with loss and the



beginning of rebuilding and creating a new life and future.

We created a new book *The Night Our World Shook* for distribution in the camps.

We have been working with partnering organizations to continue our support. If you would like to help in our ongoing efforts, you can do so by donating or joining us on the next trip.

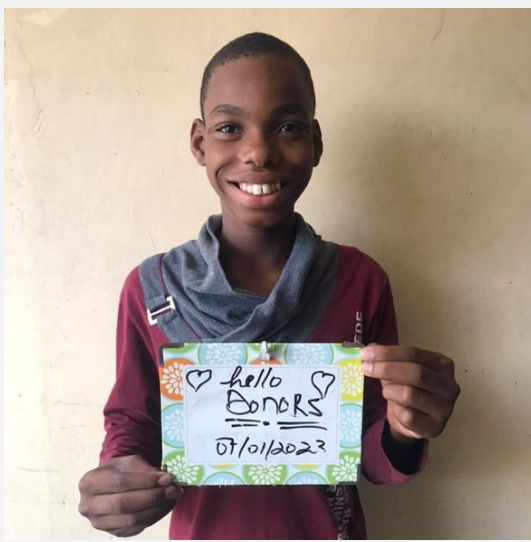


Haiti Sponsorships

Headwaters Relief Organization has been a presence in Haiti since the earthquake of 2010 in which more than 250,000 lives were lost and more than 3 million people affected.

We have worked in the camps where more than a million people were forced to live in. We have been supporting schools and orphanages, providing meals, and promoting education. Through a series of trainings and programs, we have created opportunities for adults to learn income generating skills to help support their families. We have conducted health camps in the remote corners of the country to reach the people in greatest need. In addition, we have created opportunities for our volunteers here to invest their time and effort in a greater cause.

We currently have sponsorships at Life Christian Orphanage. For as little as \$1 per day or \$30 per month, you can cover the cost of your child's education. Your donation



also assists in the purchase of food, personal supplies, and supplies for the orphanage like toilet paper and laundry detergent. We will send monthly updates, information on the orphanage and community, as well as photos of your child. For more information on sponsorships email Ashley Emry aemry@merididansvs.com

Headwaters Relief Organization in Nepal

Headwaters Relief Organization has continued to support several communities of Nepal since the earthquake of 2015. In April, a group of our volunteers travelled to several schools and institutions in various locations of remote Nepal to help to create awareness of major public health issues. Another focus of the trip was to advocate for girls' education and promotion of their self-esteem.

Books for the Children of Nepal

Headwaters Relief Organization has commissioned the writing and publication of a dozen children's books in response to disasters around the world, including *Nepal Quake*, written in response to the disastrous 2015



earthquake in Nepal. This book was followed by *Together Again*, in response to the issue of human trafficking, and *Stronger Together*, which focused on girls' self-esteem.



Asha Doll

Stronger Together accompanies the Asha Doll, with a story about girls supporting each other to reach their goals, including their educational goals. Headwaters Relief Organization developed the Asha doll and book campaign to create a message for girls about embracing their individual differences. A doll that looks like them is a positive role model, encourages cultural and racial acceptance and builds self-esteem.

Thousands of girls in India and Nepal have limited choices including the opportunity for education. They are at high risk for child marriages, bonded labor, and sex trafficking. By creating the Asha doll combined with an educational campaign, Headwaters' goal is to help these girls to feel more confident about themselves and their futures.

Asha, a doll whose name means "hope". She looks like little girls in India and Nepal and even wears a similar school uniform.

[Donate a Doll](#)

Headwaters Gala 2023

Thank you all for making Headwaters' Fourth Annual Mardi Gras Gala such a wonderful success!

Headwaters Relief Organization has been hosting a Mardi Gras themed fundraising gala for the past four years, with each year being better than the previous, thanks to your presence, help and generous donations. This year's was a sold-out event!

Our special note of thanks goes to our event sponsor, Copeland Buhl, our table sponsors, gala committee members, our donors, and volunteers.



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